

October 2018

Just4Kids LLC Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HOT DOG ^{CN} on Whole Grain Bun Ketchup & Mustard Baked Beans Fresh Broccoli with Dip Fruit Milk	2 DELI SANDWICH on Whole Grain * Lite Mayo & Mustard Lettuce Salad with Fresh Veggie Toppings and Dressing Fruit Milk	3 Whole Grain MACARONI & CHEESE ^{CN*} Peas Fruit Jello with Whip Topping Milk	4 SAVORY CHICKEN DRUMSTICK ^{CN} Whole Grain Tea Roll Mashed Potatoes Carrots Fruit Milk	5 WHOLE GRAIN MOZZARELLA CHEESE STICKS © with Pizza Dipping Sauce California Blend Vegetables Fruit Milk
8 Whole Grain MINI CORN DOGS ^{CN} Ketchup & Mustard Tater Tots Steamed Carrots Fruit Milk	9 TACO 'N BAG WG Reduced Fat Doritos Chips * Beef Taco Meat ^{CN} , Cheese, Lettuce, Tomato, Salsa & Lite Sour Cream Refried Beans Fruit Milk	10 STUFFED RAVIOLI with Whole Grain CHEESE FILLED BREADSTICK Mixed Vegetables Frozen 100% Fruit Juice Cup Milk	11 BREADED CHICKEN PATTY ^{CN} with Lettuce & Tomato, BBQ Sauce, Ketchup on Whole Grain Bun Coleslaw Fruit Milk Apple Crunch Day!	12 Whole Grain CHEESE OR SAUSAGE RECTANGLE PIZZA SLICE © Corn Fruit Milk
15 POPCORN CHICKEN ^{CN} BBQ Sauce Steamed Carrots Fruit Milk	16 BRUNCH LUNCH Whole Grain PANCAKES * Syrup HAM SLICE Tri Tater Potato 100% Fruit Juice Cup Milk	17 HAMBURGER/CHEESEBURGER ^{CN} Lettuce & Tomato & Pickle Ketchup & Mustard on Whole Grain Bun Baked Beans Fruit Milk	18 No School	19 No School
22 NACHOS Whole Grain Tortilla Chips Beef Taco Meat ^{CN} , Warm Cheese Sauce, Lettuce, Tomato, Lite Sour Cream, & Salsa Refried Beans Fruit Milk	23 WG Corn Tortilla Style PIZZA ROLLS ^{CN*} Corn Fruit Milk	24 CHICKEN TENDERS Dipping Sauce and Whole Grain Rice Stir Fry Vegetables Fruit Fortune Cookie Milk	25 Whole Grain CORN DOG ^{CN} Ketchup & Mustard Broccoli Salad Fruit Milk	26 Whole Grain GARLIC CHEESY BREAD © with Pizza Dipping Sauce Winter Blend Vegetables Fruit Milk
29 ITALIAN MEATBALL SUB with Parmesan Cheese Topping on a Whole Grain Bun Steamed Carrots Fresh Vegetable Fruit Milk	30 SAINTS BEEF SLIDER Ketchup & Mustard on a Whole Grain Bun * Seasoned Mashed Potato Fruit Milk	31 CHICKEN NUGGETS ^{CN} BBQ Sauce California Blend Vegetable Fruit Choice Fall Harvest Cookie! Milk		

CN = Child Nutrition labeled product

*Vegetarian Cheese Sandwich available daily

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