

Gran-n- Go breakfast offered daily.
Hot breakfast offered daily.
Breakfast \$1.55, see menu.

Middle School Lunch Menu December 2018

Student \$2.40/2nd Lunch \$3.75/Adult \$3.75
Extra Entrée \$2.15/Extra Milk \$.50

Choice of low fat milk, a variety of fruit, vegetables and salad bar offered daily with each meal.

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3 | 4 | 5 | 6 | 7 |
| <p>Entrée Choices: Whole Grain NACHOS with Taco Meat♦, Cheese Sauce, Lettuce, Tomato, Onions, Black Olives Lite Sour Cream and Salsa</p> <p>OR HAMBURGER on WG BUN</p> <p>Sandwich Choices: HAM & SWISS WG WRAP OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Refried Beans 100% Fruit Juice Cup Fresh Fruit Romaine Mix Lettuce Salad with Vegetable Toppings Milk Choice</p> | <p>Entrée Choices: GLAZED SESAME CHICKEN♦ in Whole Grain Breading</p> <p>OR CHEESE OR PEPPERONI PIZZA SLICE</p> <p>Sandwich Choices: TURKEY & AMERICAN on WG CIABATTA OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Asian Rice, California Blend Vegetable Pineapple and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Fortune Cookie Milk Choice</p> | <p>Entrée Choices: CHICKEN in GRAVY over CREAMY MASHED POTATOES with Whole Grain Tea Roll</p> <p>OR SPICY BREADED CHICKEN PATTY SANDWICH on WG BUN</p> <p>Sandwich Choices: TURKEY SALAMI & AMERICAN DELI SANDWICH OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Steamed Carrots Cranberry Sauce Mixed Fruit and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings, Milk Choice</p> | <p>Entrée Choices: ITALIAN BEEF MEATBALL♦ SANDWICH on a Whole Grain BUN with Mozzarella Cheese</p> <p>OR CHEESE or PEPPERONI STUFFED CRUST PIZZA</p> <p>Sandwich Choices: TURKEY, HAM & PEPPERJACK WG SUB SANDWICH OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Oven Roasted Vegetables Mandarin Oranges and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Sorbet Cup Milk Choice</p> | <p>Entrée Choices: Whole Grain MAX CHEESE STIX♦ with Pizza SAUCE</p> <p>OR BREADED CHICKEN PATTY SANDWICH on WG BUN</p> <p>Sandwich Choices: ROAST BEEF & SWISS WG SUB SANDWICH OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Corn Fresh Broccoli and Dip Applesauce and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Milk Choice</p> |
| 10 | 11 | 12 | 13 | 14 |
| <p>Entrée Choices: Crispy CHICKEN TENDERS in Whole Grain Breading♦</p> <p>OR HAMBURGER on WG BUN</p> <p>Sandwich Choices: HAM & SWISS WG WRAP OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Sweet Potato Fries Peas & Carrots Pears and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Milk Choice</p> | <p>Entrée Choices: All Beef HOT DOG on a Whole Grain BUN with Relish & Onion</p> <p>OR CHEESE OR PEPPERONI PIZZA SLICE</p> <p>Sandwich Choices: OR TURKEY & AMERICAN on WG CIABATTA OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Corn Coleslaw Strawberries and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Mini Rice Krispy Treat Milk Choice</p> | <p>Entrée Choices: Whole Grain Tex-Mex BEEF & CHEESE BURRITO in a Whole Grain TORTILLA ♦ with Lettuce, Tomato, Onion, Salsa and Lite Sour Cream</p> <p>OR SPICY BREADED CHICKEN PATTY SANDWICH on WG BUN</p> <p>Sandwich Choices: TURKEY SALAMI & AMERICAN DELI SANDWICH OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Refried Beans Steamed Broccoli Peaches and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Milk Choice</p> | <p>Entrée Choices: Whole Grain FIESTA PIZZA♦ with Lettuce, Tomato, Onions, Olives, Lite Sour Cream & Salsa</p> <p>OR CHEESE or PEPPERONI STUFFED CRUST PIZZA</p> <p>Sandwich Choices: TURKEY, HAM & PEPPERJACK WG SUB SANDWICH OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Baked Chili Beans Mixed Fruit and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Milk Choice</p> | <p>Entrée Choices: Whole Grain BREADED MOZZARELLA STICKS♦ with Pizza Sauce</p> <p>OR BREADED CHICKEN PATTY SANDWICH on WG BUN</p> <p>Sandwich Choices: TUNA SALAD on WG SUB BUN OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Italian Pasta Salad, Green Beans Tropical Fruit and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings, Milk Choice</p> |

♦ = USDA Child Nutrition Label, (USDA Certified product meets Child Nutrition meal pattern requirements for lean protein &/or whole grain rich grains). Program benefits and services are available to all children without regard to race, religion, color, sex, handicap, age or national origin. Free and reduced meal applications are available throughout the year in all schools or on the website at www.isd15.org. Students that receive free/reduced lunch also receive a free breakfast. Sending cash is at your own risk. Please send checks or use Visa, MasterCard, Discover, electronic check or debit card to purchase meals at <https://paypams.com>, a transaction fee will be assessed for each transaction. **Menu, product & nutritional information are subject to change per vendor product availability. This Institution is an equal opportunity provider.

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| <p style="text-align: right;">17</p> <p>Entrée Choices: Whole Grain STATE FAIR STYLE MINI CORN DOGS♦</p> <p>OR HAMBURGER on WG BUN</p> <p>Sandwich Choices: HAM & SWISS WG WRAP OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Baked Beans Steamed Carrots Mixed Fruit and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Milk Choice</p> <p>Harvest of the Month Taste Sampling</p> | <p style="text-align: right;">18</p> <p>Entrée Choices: Crispy CHICKEN POPPERS</p> <p>OR CHEESE OR PEPPERONI PIZZA SLICE</p> <p>Sandwich Choices: TURKEY & AMERICAN on WG CIABATTA OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Crisp Oven Potatoes Peaches and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Milk Choice</p> | <p style="text-align: right;">19</p> <p>Entrée Choices: SLOW ROASTED PULLED PORK SANDWICH on a Whole Grain BUN OR SPICY BREADED CHICKEN PATTY SANDWICH on WG BUN</p> <p>Sandwich Choices: TURKEY SALAMI & AMERICAN DELI SANDWICH OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Green Beans Mandarin Oranges and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Sidekick Fruit Slushy Milk Choice</p> | <p style="text-align: right;">20</p> <p>Entrée Choices: GLAZED TERIYAKI CHICKEN DIPPERS♦ and Vegetable Egg Roll</p> <p>OR CHEESE or PEPPERONI STUFFED CRUST PIZZA</p> <p>Sandwich Choices: TURKEY, HAM & PEPPERJACK WG SUB SANDWICH OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Stir Fry Vegetables Whole Grain Brown Rice Pineapple and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Fortune Cookie, Milk Choice</p> | <p style="text-align: right;">21</p> <p>Entrée Choices: Whole Grain GARLIC CHEESE BREAD♦ with Pizza SAUCE</p> <p>OR BREADED CHICKEN PATTY SANDWICH on WG BUN</p> <p>Sandwich Choices: ROAST BEEF & SWISS WG SUB SANDWICH OR PBJ SANDWICH WITH CHEESE STICK</p> <p>Sides: Broccoli Applesauce and Fresh Fruit Romaine Mix Lettuce Salad with Fresh Vegetable Toppings Milk Choice Holiday Cookie!</p> |
| <p style="text-align: right;">24</p> <p>No School</p> | <p style="text-align: right;">25</p> <p>No School</p> | <p style="text-align: right;">26</p> <p>No School</p> | <p style="text-align: right;">27</p> <p>No School</p> | <p style="text-align: right;">28</p> <p>No School</p> |
| <p style="text-align: right;">31</p> <p>No School</p> | | | | |